

## *God Will Strengthen You*



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Have you ever seen an eagle soar high in the sky? Eagles are known for their strength and power. Their wings carry them quickly and easily wherever they want to go. It seems like they never get tired. Do you ever wish you could fly like an eagle?

Most of us, if we're honest, must admit that we sometimes get tired and worn out. When we're sick, we feel weak. When problems are big, we feel small. Often it's hard to obey parents, to be kind to others, to memorize Scripture, or even to pray and worship God. We might be tempted to give up or quit. Where do we turn when we don't have the strength we need to keep on doing what's right? We turn to God.

God isn't like us. He doesn't get tired, or weary or worn out. He is the everlasting God, the strong creator of everything. And God has promised to give his strength to those "who wait for the Lord." This means God strengthens those who look to him and trust him to give them strength. How can you do this? Talk to God in prayer; 1) tell God you are weak and need help, 2) ask God to give you the strength you need to do his will, and 3) trust that God will give you his strength.

Remember, God is faithful. He always keeps his promises. Thank God for this promise, and for the strength he provides.