

Trust God



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Have you ever wondered what it would be like to have super powers? If you could choose one super power, what would it be? Maybe you'd like to fly high in the sky, or breathe under water, or even have super strength so that you could lift a heavy bolder up over your head.

Long ago the Apostle Paul experienced a different kind of strength. Paul had spent many years telling others the good news about Jesus and helping start churches all over the world. Yet he suffered many hardships and often didn't have enough to eat or anywhere to stay. He was even put in jail for preaching the gospel. It was while he was in jail that Paul said something amazing in a letter he wrote to his friends. He said, "*I can do all things through him who strengthens me.*" What do you suppose Paul meant when he said that?

Paul didn't mean God was going to give him super human strength so that he could do anything he wanted. Instead, he meant God would give him all that he needed - strength, wisdom, faith - to do all that God had asked him to do. In every situation, God would be there to help him obey, serve others, and even suffer in a way that would glorify God. Paul knew better than to trust in his own strength; he was trusting in God.

What does this mean for you? Whenever God commands you to do something like obey your parents (Ephesians 6:1), be kind (Ephesians 4:32), or put others first (Philippians 2:3), God will give you the strength to do it. God has promised to supply all you need to live in a way that is pleasing to him. Obeying and serving God in the strength he provides is better than any super power you could ever have.

Is there an area in your life where you are having trouble obeying God? Have your mom or dad pray with you and ask God to give you the strength you need to live God's way.