

# *Trust God*



**God is light,  
and in him is no darkness at all.**

**- 1 John 1:5**

# Trust God

**God is light, and in him is no darkness at all. - 1 John 1:5**

Have you ever been in a dark room by yourself? Were you afraid? Sometimes it's scary to be in a dark room. You might think there's a monster! But what happens when the light is turned on? Now you can see there isn't a monster. You're not afraid because you can see everything around you. It's good to be in the light, isn't it?

The Bible says that God is light. This doesn't mean that God is a lamp or the sun. The Bible uses the idea of light to teach us something important about God. When we think of light, it reminds us of all that is good and pure and truthful. God is perfect in his goodness. God always does what is good and right. God always speaks the truth. He tells us what is true in his book, the Bible. God is light.

The opposite of light is darkness. When we think of darkness, it reminds us of all that is evil and false. Satan is called the Prince of Darkness because he is evil and always does evil. Satan is full of lies and hatred. But God isn't like that. There is absolutely no darkness in God; only light.

What can we learn from this?

1. You can trust God to do what is best for you. God always works for the good of those who love him and trust in his Son, Jesus.
2. You can rely on the Bible, God's Word. God will never lie to you. He always tells the truth. The Bible helps us learn more about God and how to live a life that is pleasing to him.

Let's pray and ask God to help us trust him all the days of our life!